

Resources for LPS Students and Families

Food

Person/Organization Name	Contact Info	Other Information
Food Source Hotline	1-800-645-8333	60 languages available. This Hotline will connect you with local food resources in your area
Lynn Public Schools	781-593-1680	Free grab and go lunch service between the hours of 11am-1pm, Monday through Friday. On Fridays, students will receive two additional meals for the weekends. Locations: English, Classical, LVTI, and Marshall Middle School
My Brother's Table	781-595-3224	Open Monday-Friday from 12pm-6pm for take-out food and coffee Open Saturday and Sunday from 2pm-4pm. No eligibility screening.

General

Person/Organization Name	Contact Info	Other Information
211	211 www.211.org	Residents can call 2-1-1 to learn more about: -COVID-19 prevention, symptoms, and treatment -Information about testing -Guidance for people planning or returning from travel -Local financial resources
Comcast	http://www.internetessentials.com	60 days of complimentary broadband to homes with K-12 or college students for families that meet need for public assistance (free school lunch/Medicaid/SSI/SNAP) No shipping fees for self-install kit.
United Way COVID-19 Family Support Fund	211	One-time grants of up to \$2000 will be made to help families

		impacted by the COVID-19 crisis meet their basic food, childcare or housing needs."
--	--	---

**National Grid and Eversource have postponed disconnections for non-payment.
Regular billing will continue for all customers**

Housing

Person/Organization Name	Contact Info	Other Information
Tracey Scherrer LPS Homeless Liaison	781-477-7220 ext. 3207 Email: scherrert@lynnschools.org	Available during regular LPS School Hours
Department of Housing and Community Development (DHCD)	1-866-584-0653	Local Offices are closed. You can complete Emergency Shelter applications via phone.
Department of Transitional Assistance (DTA)	1-877-382-2362 https://dtaconnect.eohhs.mass.gov/	Local Offices are closed. You can call the DTA HelpLine or log onto the website.
Lynn Housing Authority	617-581-8760	
Siemer/ Project Rise	Jary Barrios (Spanish speaking) BarriosJ@lynnschools.org Michelle D'Amico mdamico@lhand.org	Jary and Michelle are working remotely and will respond via email.
Family Success Center	(339) 883-2342 fsc@lhand.org	No walk-in appointments. Call or email for any information.

Mental Health

Person/Organization Name	Contact Info	Other Information
Eliot Mobile Crisis	1-800-988-1111	In the event of an emergency call 911. Eliot is also doing home-based and phone screenings for acute mental health issues.

Parental Stress Line	800-632-8188 https://www.parentshelpingparents.org	Hotline staffed 24/7 by trained parent volunteers offering non-judgmental support for parenting concerns.
National Domestic Violence Hotline	1-800-799-7233 https://www.thehotline.org	Online chat is available 24/7. Chat available in Spanish as well. Advocates are available 24/7 to talk confidentially with anyone experiencing domestic violence or seeking resources.

Social Emotional Learning

http://plantlovegrow.com/free-tools.html	Worksheets, books, discussions to have with your children around different topics: self-esteem, anxiety management, conflict resolution, decision making, feelings and emotions, friendship building, etc.
https://www.edutopia.org/SEL-parents-resources	A curated list of articles and videos for parents about fostering skills like kindness, empathy, resilience, perseverance, and focus in children.
https://confidentparentsconfidentkids.org/about-the-blog/	Resources for parents to be actively involved in social emotional development of children. Activities and suggestions for both parents and children.
http://www.parenttoolkit.com/	Parent Toolkit is a one-stop resource developed with parents in mind. It's produced by NBC News Learn and supported by Pearson and includes information about almost every aspect of your child's development, because they're all connected. Healthy, successful children can excel in many areas – in the classroom, on the court, and in their relationships with peers and adults.

****The following social emotional learning and mindfulness apps are free****

Calm	Headspace
Stop, Breathe, and Think Kids	Breathing Bubbles